

# **Relationships, Sex & Health Education (RSHE)**

**From September 2020**

V2.2 April 2020 IL

## **Consultation Information for parents**

# School and home partnership

## **We aim to inform you of:**

- the school's legal obligations on Relationships and Sex Education (from 2020)
- your rights as a parent
- how, what, why and when we intend to teach children

# Today's considerations

- The Internet
- Television
- Social media
- Other media
- Friends
- Family
- School



# Be aware...

We are educating children and young people to live in the real world, with all its contradictions.

- When it comes to relationships and sex, children's heads are probably not empty – but they may be full of myths and half-truths
- We mustn't let our adult knowledge of relationships and sex prevent us seeing things from a child's perspective
- Our focus should be on building healthy attitudes and positive relationships, not just fighting off perceived threats.

## **PSHE/RSE Programme**

Our Jigsaw PSHE/RSE curriculum aims to provide children with accurate information at the right age and stage of development, coming from school AND home.

# **What should children know about relationships and why?**

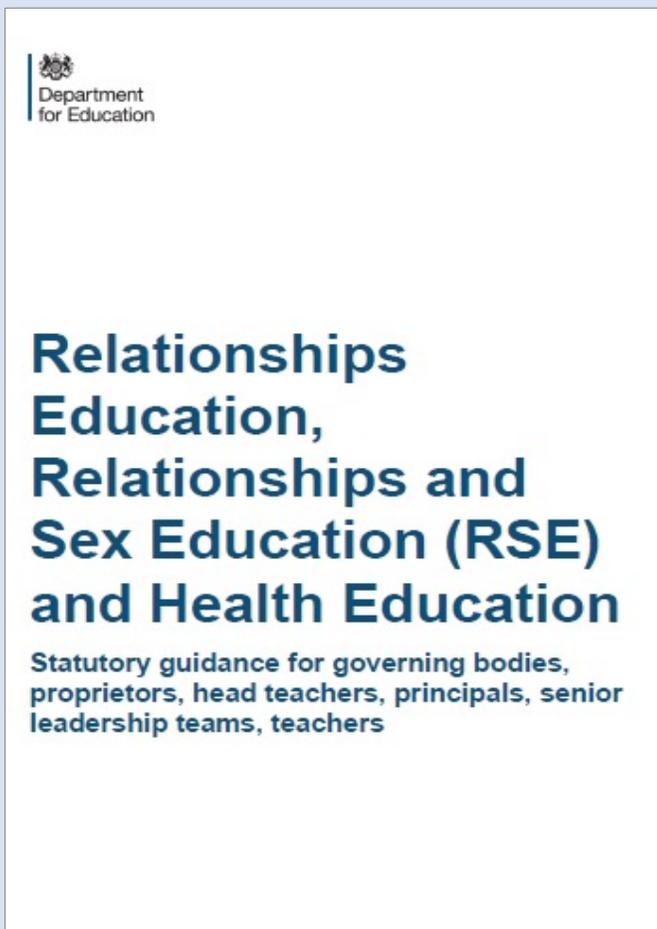
1. What a positive, healthy, caring, safe relationship looks and feels like
2. How to speak up and get help when a relationship does NOT feel healthy/positive/safe
3. How to make and maintain positive relationships (on-line and offline).

# What does the Government (England) say is the aim of Relationships Education?

‘Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline....children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way’

(DfE Guidance on Relationships Education, Sex Education and Health Education 2019)

# Compulsory status of RSE and Health Education



In 2017 the government passed an amendment to the Children and Social Work Bill to make RSE and Health Education statutory from Sept 2020.

Supported by over 100 organisations, including Public Health England, Teaching Unions, NCB, etc)

Ratified by House of Lords 24 April 2019

Our Jigsaw programme meets all the expectations of the DfE guidance (published April 2019) ...as long as it is delivered fully and well.

# What have schools got to teach?



## Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies,  
proprietors, head teachers, principals, senior  
leadership teams, teachers

### PRIMARY

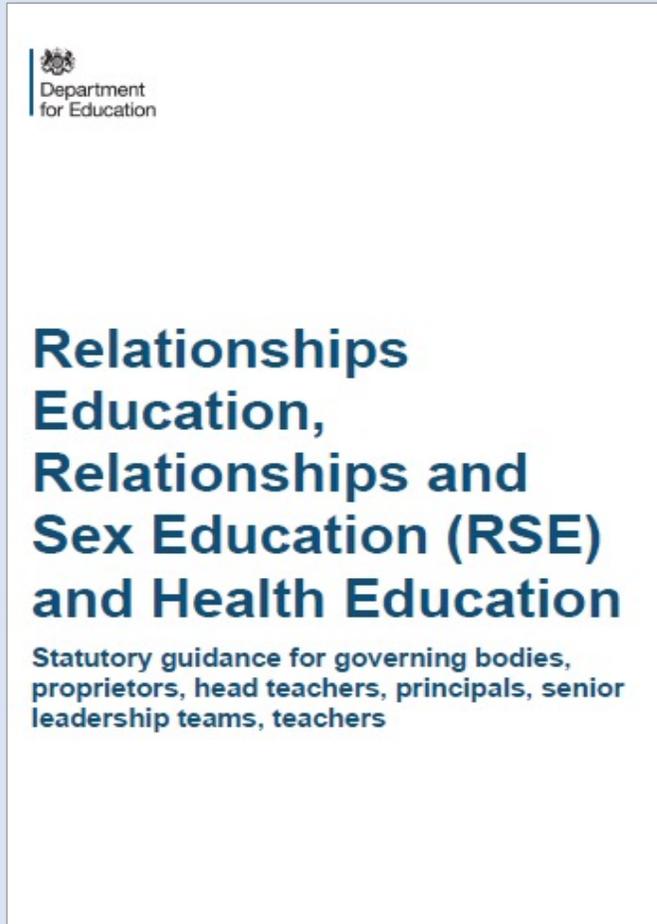
Relationships and Health Education is compulsory but Sex Education is at a school's discretion.

### SECONDARY

Relationships, Sex and Health Education are all compulsory.

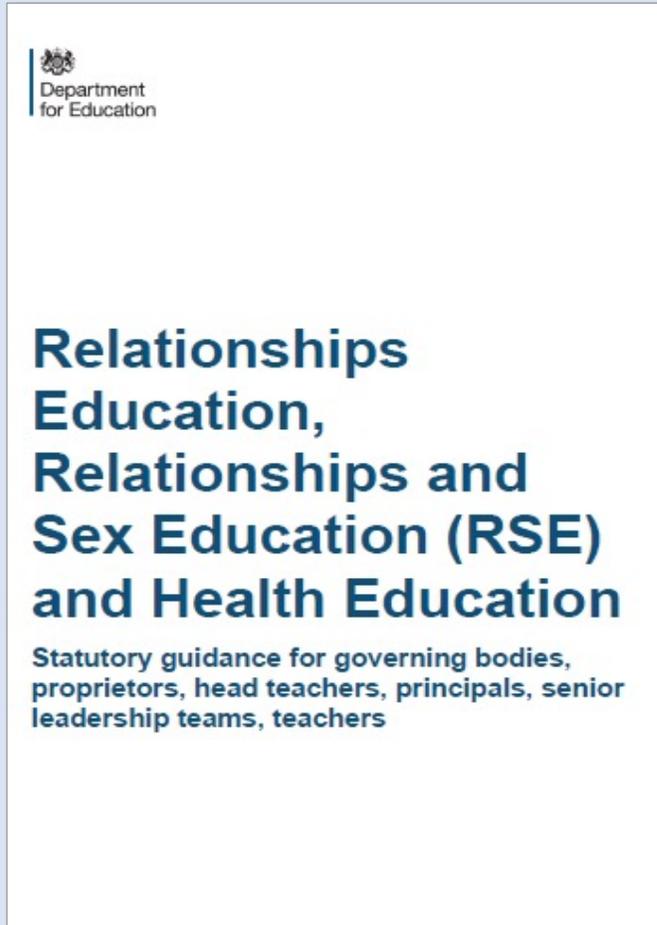
Guidance does not apply to: Sixth Forms colleges, 16-19 academies or FE colleges.

# What are the expectations for Primary Health Education?



- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body (puberty)

# What are the expectations for Primary Relationships Education?



- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

# **LGBT and Equality**

## **What the DfE RSHE guidance says**

‘Schools are required to comply with relevant requirements of the Equality Act 2010. Further guidance is available for schools in The Equality Act 2010 and schools advice. Schools should pay particular attention to the Public sector equality duty (PSED) (s.149 of the Equality Act).’ - Para 27 page 13

‘Schools should be alive to issues such as everyday sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture where these are not tolerated, and any occurrences are identified and tackled.’ - Para 31 page 13

# **Sex Education is discretionary at Primary... what exactly does the guidance say?**

The Department continues to *recommend* that *all* primary schools should have a sex education programme tailored to the age and physical and emotional maturity of the pupils... drawing on knowledge of the human life cycle set out in National Curriculum Science - how a baby is conceived and born.

# Science and Sex Education at KS1

## Science Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults

# Science and Sex Education at KS2

## Science Key Stage 2

- describe the differences in the **life cycles of a mammal**, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals
- describe the changes as humans develop to old age
- **learn about the changes experienced in puberty**

# September 2020 onwards in Primary Schools (England)

**After September 2020 (extended to the Summer term 2021)**

## **Legally:**

1. Schools **MUST** teach the Science curriculum
2. The DfE guidance 2019 states that Relationships and Health Education (including changing adolescent body) are compulsory

## **Plus...**

a **'recommendation'** that all schools have a Sex Education Programme. How schools do this is left up to them.

# Keeping children SAFE

Ignorance does not protect innocence and may make children vulnerable.

PSHE (Personal, Social, Health Education) including Relationships Education, Health Education and Sex Education aims to keep children safe.

# Can parents withdraw their children from RSE?

From September 2020...  
(Government guidance 2019 page 17)

“Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE”.

**NOT** from Relationships or Health Education.

So, our consultation is to inform you of what this school defines as Sex Education, what we intend to teach in RSHE and why so you can make an informed decision.

# **We define Sex Education as...**

Human reproduction...

Conception and birth

# What is Jigsaw?

## **A whole-school PSHE Programme comprising:**

- A comprehensive and completely original scheme of work (lessons) for ages 3 to 16.
- PSHE (Personal, Social, and Health Education) includes statutory Relationships and Health Education. This includes ALL the statutory requirements for Relationships and Health Education AND includes the non-statutory aspect of Sex Education: Where do babies come from? (This is covered to some extent in Science but Jigsaw ensures all children are given this human reproduction information in an age and stage appropriate way).
- The Jigsaw programme is underpinned by mindfulness

# Whole-school programme

Being Me in My World

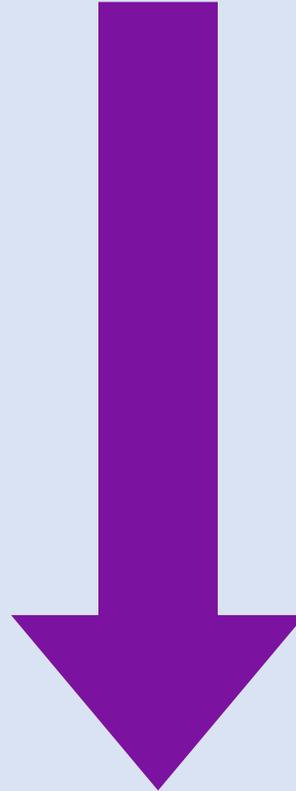
Celebrating Difference

Dreams and Goals

Healthy Me

Relationships

Changing Me



- Relationships
- Values
- Mental health
- Self-esteem
- Social skills
- Safeguarding inc. Internet safety  
(Golden Threads)

# Relationships, Puberty and Reproduction in Jigsaw

## Relationships

Families  
Friendships  
Love and Loss  
Memories  
Grief cycle  
Safeguarding and keeping safe  
Attraction  
Assertiveness  
Conflict  
Own strengths and self-esteem  
Cyber safety and social networking  
Roles and responsibilities in families  
Stereotypes  
Communities

## Changing Me

Life cycles  
How babies are made  
My changing body  
Puberty  
Growing from young to old / Becoming a teenager  
Assertiveness  
Self-respect  
Safeguarding  
Family stereotypes  
Self and body image  
Attraction  
Change / Accepting change  
Looking ahead / Moving class/schools

# Statutory Health Education Content

Puberty and Human Reproduction in Jigsaw 3-11 Changing Me Puzzle		
FS	Growing Up	How we have changed since we were babies
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls – how do we feel about them? Which parts of me are private?
Y3	Outside body changes	How our bodies need to change so they can make babies when we grow up – outside changes and how we feel about them
	Inside body changes	How our bodies need to change so they can make babies when we grow up – inside changes and how we feel about them <small>(animations used – shorter version Female and Male Reproductive Systems)</small>

## Puberty and Human Reproduction in Jigsaw 3-11 Changing Me Puzzle

Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – <b>how this happens</b> (animations used – the Female Reproductive System)
	Girls and puberty	How a girl's body changes <b>so that she can have a baby when she's an adult</b> – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	<b>Conception</b>	<b>Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life</b> (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	<b>Conception to birth</b>	<b>The story of pregnancy and birth</b> (animations used – the Female and Male Reproductive Systems)

# Additional Information

St Margarets will be starting our consultation process on **Monday 25th January 2021** and the consultation will close on **Monday 8th February 2021**.

If you wish to ask any questions or make any comments about the information we have shared please send these to [info@hasbury.dudley.sch.uk](mailto:info@hasbury.dudley.sch.uk).